



ProGreens® powder offered in a box of 15 individual servings. ProGreens® is an all-natural blended variety of "Super Foods" that provide broad-spectrum nutritional support from certified organic grasses and natural food factors not found in isolated vitamins or mineral concentrates. In addition to the green grasses, sea vegetables (seaweed) and algae, ProGreens® contains adaptogenic herbs, active probiotics, fibers, and a variety of nutrient-rich superfoods.\*

**Suggested use:** As a dietary supplement, add the contents of one packet (8.8 g) to a shaker containing 8 oz. of juice or water, drink immediately. Best taken on an empty stomach. More than one packet daily may be used if desired. Pregnant or lactating women considering taking more than one serving daily should consult their healthcare practitioner prior to use.

	Serving Size 1 packet (approx. 8.8 grams)
Servings per container	15
<b>Amount per serving:</b>	
Calories	40
Calories from Fat	20
Total Fat	2 g
Saturated Fat	0.4 g
Sodium	37 mg
Total Carbohydrates	4 g
Dietary Fiber	1.5 g
Sugars	1 g
Protein	2 g
Vitamin A	1000 IU
Vitamin C	16 mg
Vitamin E (D-alpha-Tocopheryl Succinate)	100 IU
Calcium	29 mg
Iron	1.8 mg
Organic wheat grass powder	350 mg
Organic barley grass powder	350 mg
Organic alfalfa grass powder	350 mg
Organic oat grass powder	350 mg
Organic spirulina	1,000 mg
Chlorella (cracked-cell)	350 mg
Dunaliella extract	40 mg
Dulse powder	30 mg
Licorice root powder	100 mg
Eleuthero root extract	130 mg
Suma root powder	60 mg
Astragalus root extract	60 mg
<i>Echinacea purpurea</i> leaf and stem extract	60 mg
Ginger root powder	5 mg
Soy lecithin (99% oil-free)	2,000 mg
Wheat sprout powder	350 mg
Acerola berry juice powder	200 mg
Beet juice powder	200 mg

Spinach powder (1.5% octacosanol)	150 mg
Royal jelly (5% 10-HDA)	150 mg
Bee pollen	150 mg
Flaxseed powder	500 mg
Apple pectin and fiber	500 mg
Total count non-dairy probiotic cultures	5.0 billion
Lactobacillus group ( <i>L.rhamnosus A</i> , <i>L.rhamnosus B</i> , <i>L.acidophilus</i> , <i>L.casei</i> , <i>L.bulgaricus</i> )	3.5 billion
Bifidobacterium group ( <i>B.longum</i> , <i>B.breve</i> )	1.0 billion
<i>Streptococcus thermophilus</i>	0.5 billion
Fructooligosaccharides (FOS)	500 mg
Milk Thistle extract (80% silymarin)	60 mg
Ginkgo leaf extract (24% Ginkgo Flavonglycosides & 6% Terpene lactones)	20 mg
Green tea extract (60% Catechins)	20 mg
Grape seed extract (92% Proanthocyanidins)	20 mg
Bilberry extract (25% Anthocyanidins)	20 mg

These nutrients are of the highest quality and purity obtainable, and do not contain preservatives, diluents, or artificial additives.

Variations in color may occur. Keep refrigerated whenever possible, tightly capped.